



DES MOINES



CITY CURRENTS

SPRING 2017

ASK AN ECOLOGIST
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Do To Combat
Climate Change

DES MOINES
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and Activities

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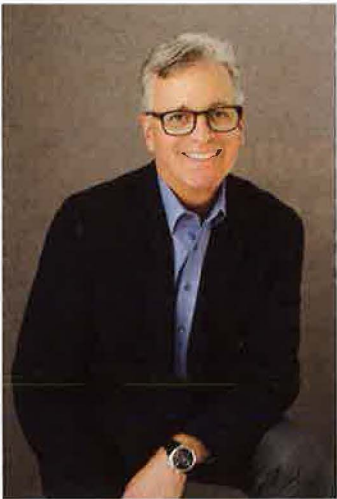
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2017 SPRING

What's Inside

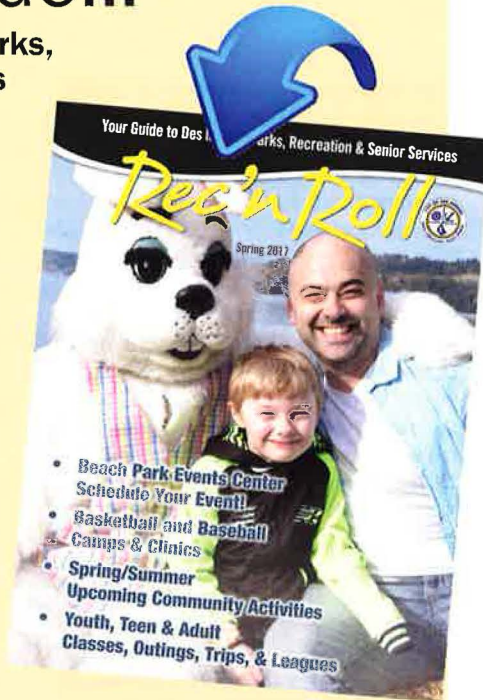
Council Highlights	4
From the Mayor	5
Springtime Dog Obedience and Training	8
Senior Volunteer Drivers	10
Marina Pay Parking	11
Earth Day Volunteering	12
Car Tab Questions	13
Community Development	14
Home Repair Assistance	15
Climate Change	16

On the flip side...

Your Guide to Des Moines Parks, Recreation & Senior Services

Flip the magazine over to check out the **SPRING** schedule.

- Camp KHAOS schedule – Register now!
- Get Out and Have Fun: Outings to gardens, restaurants, performances and travel abroad!
- Sign up your team for softball or come out and try pickleball!



HELP SHAPE OUR AQUATIC FUTURE

BUILD AN
AQUATIC
FUTURE FOR
DES MOINES



Check Your Mail for **Surveys Coming in April**
Public Workshops Starting in June

Get updates by joining our email alert system at mtrainierpool.com.

All projects are part of the Aquatic Feasibility Study for Mount Rainier Pool. The study is funded by the **Des Moines Pool Metropolitan Park District** and led by **Barker Rinker Seacat Architects**.



Des Moines Pool Metropolitan Park District
22015 Marine View Drive S, Suite 2B - Des Moines, WA 98198 206.429.3852

Council Highlights

CITY COUNCIL HIGHLIGHTS FROM AUGUST-OCTOBER Ordinance 1665-1674 Resolution 1344-1355

Held Public Hearings:

- Zoning Controls for W-C and T-C Zones, Ordinance No. 1669.
- Code Amendments Supporting Low Impact Development, Ordinance No. 1671.
- Highline College Master Plan, File Number LUA2016-0025, Resolution No. 1353.
- Changes in Permitted Uses and Associated Regulations in the PR-C Zone North of South 216th Street, Ordinance No. 1672.
- Screening Requirements for Roof Top Mechanical Equipment on Industrial Buildings in the B-P Zone, Ordinance No. 1673.

Approved the Following Action:

- Established a Commemorative Street Name of "Rainier Drive South," Resolution No. 1344.
- Set Public Hearing to Consider a Master Plan Application Entitled "Highline College Master Plan," Resolution No. 1345.
- Declared a Substantial Need for Purposes of Setting the Limit Factor for the Property Tax Levy for 2017, Resolution No. 1346.
- 2016 Budget Amendments, Ordinance No. 1665.
- 2017 Taxes Levied, Ordinance No. 1666.
- Increase in Regular Property Tax Levy for 2017, Ordinance No. 1667.
- 2017 Budget, Ordinance No. 1668.
- Consultant Agreement with the Holmes Group, LLC to provide Marina District Feasibility Study.
- Set Public Hearing to Amend Allowed Uses in the PR-C Zone North of South 216th Street, Resolution No 1347.
- Set Public Hearing regarding Screen Requirements for Roof Top Mechanical Equipment on Industrial Buildings in the BP Zone, Resolution No. 1348.
- Appointment of Claims for Damages Acceptance Agents, Resolution No. 1349.
- Set Public Hearing to Consider Code Amendments in Support of Low Impact Development, Resolution No. 1350.
- 2017 Legislative Priorities.
- 2017 Intergovernmental Policies and Positions.
- 2017 Council Vision, Mission Statement, Goals and Strategic Objectives.
- Arts Commission Reappointments of Alfonso DeAnda and Ekkarath Sisavatdy.
- Memorandum of Understanding between the City of Des Moines and the Washington

State Department of Corrections to provide Community Restitution Crew Participation as a Jail Alternative.

- Transportation Management Services Consultant Contract-Special Project Manager, Leonard D. Madsen.
- Update the City of Des Moines Certification Acceptance Qualification Agreement and Right of Way Acquisition Procedures.
- Amendment to Interlocal Agreement with Department of Licensing for Collection of Annual Vehicle Fees.
- Contract with Parking Boxx, Inc. for Providing the Equipment, Installation, Supplies and Training for the Parking Lot Access and Revenue Control System for the Marina and Beach Park.
- Surplus Property, Resolution No. 1352.
- Arts Commission Reappointment of Collette Dearthoff.
- South 216th Street, Segment 3, 11th Avenue S to 20th Avenue S -- Project Certification of Full Funding-For TIB Award, Resolution No. 1351.
- 2017 Vehicle and Equipment Purchase.
- Gambling Taxes, Ordinance No. 1670.
- North Hill School of Distinction Proclamation.
- South 268th Street Sidewalk Improvement Project Consultant Agreement Supplement #3 and Construction Contingency Increase.
- Interlocal Agreement between the Cities of Des Moines and Burien for Preparation and Testimony for PERC Case No. 128243-P-16.
- Children's Dental Health Month Proclamation.
- 2017-2018 Recycling Program Grant Funding.
- Interlocal Agreement between Normandy Park and Des Moines for Senior Services for 2017 and 2018.
- South 268th Street-Segment 3, 11th Avenue S to 20th Avenue S 2016-2017 On-Call Engineering Services, KPG Inc. Preliminary Engineering Task Assignment.
- Notifying King County Elections of Judicial Position Reclassification, Resolution No. 1354.
- Pay Parking in the Marina and Beach Park-Rates and Traffic and Parking Impacts in the Marina District.
- Annual Multi City Human Services Funding Program.
- Human Services Advisory Committee Appointment of Kristy Dunn.
- Bridge Inspection Agreement with the Washington State Department of Transportation.
- Bridge Maintenance Agreement with the Washington State Department of Transportation.
- Marina Pay Parking, Ordinance No. 1674.

- Barnes Creek Trail 2016-2017 On-Call General Engineering Services, KPG Inc. 85% Design and NEPA Permitting Task Assignment.
- Compensation for Non-Represented Employees, Resolution No. 1355.
- Consultant Services Contract Addendum #2 with the LA Studio LLC for Design Services for Parkside Park Renovation.
- 24th Avenue South Sidewalk Improvements, S 224th Street to S 227th Place, 2016-2017 On-Call General Engineering Services, Parametrix, Inc. Preliminary Engineering Task Assignment.
- City Council Rules of Procedure Updates.
- South 223rd Street Pavement Rehabilitation Project Consultant Services Contract.

Other Action Taken:

- Local Government 101, Part 10: Finance.
- City Manager Third Quarter Report.
- Held Executive Session to Discuss the Performance of a Public Employee.
- Acknowledged Outgoing Committee Members.
- Held Executive Session to Discuss Labor Negotiations and Potential Litigation.
- Held Study Session to Discuss Emergency Management.
- Presentation by King County Tax Assessor Regarding South County Property Tax Increase.
- Acknowledged Eagle Scout Project-Barnes Creek Nature Trails.

DES MOINES CITY COUNCIL



Matt Pina
Mayor



Vic Pennington
Mayor Pro Tem



Robert K Back
Councilmember



Lulsa Bangs
Councilmember



Dave Kaplan
Councilmember



Melissa Musser
Councilmember



Jeremy Nutting
Councilmember

**City Council meets
1st, 2nd and 4th
Thursdays
at 7pm**



From the Mayor



AS PROMISED, 2017 HAS BEEN AN ACTIVE AND EXCITING YEAR so far for the City of Des Moines. The tough budgetary decisions that the City Council made in 2016 have begun to

pay off as the economic conditions of the City are improving. A sustainable and balanced budget was passed for 2017 that includes the addition of four new police officer positions. The hiring process has begun and residents should expect to see those additional officers on the street in the coming months. The health and safety of our residents is of the utmost importance to myself and the City Council and I would like to share with you some of the efforts the City is making to address these issues.

Community concern over crime in the City is at the forefront of our agenda. With the full support of the Council, the police department has been focused on integrating new crime analytics software that will allow for the forecasting of crime trends. Coupled with a new evidence-based policing approach, the department will be able to better deploy its limited resources.

The Pacific Ridge neighborhood has long been considered a high crime area that has required a significant amount of the police department's resources. Recognizing the force multiplier effect regional partnerships can have in fighting crime, the police department has been working with neighboring cities, federal agencies, social service organizations, developers, business owners, political leaders, volunteers, and citizens living in the Pacific Ridge neighborhood. Through established partnerships, the goal is to create permanent change while providing a better way of life for citizens and businesses in the Pacific Ridge (Highway 99) area.

CONSISTENT COMMUNITY OUTREACH EFFORTS

Department personnel are continuing to establish dialogue with Pacific Ridge families in collaboration with the Highline School District and Reach Out Des Moines. While specific directed patrol projects

are on-going in the Pacific Ridge area, staff continues outreach efforts to identify the area's grassroots leadership.

EVIDENCE BASED POLICING, TECHNOLOGY, AND DIRECTED PATROL EFFORTS

The police department is transitioning to a smarter policing process that uses current technology to target problem areas. These strategies include:

- **Evidenced-Based Policing (EBP)** is a balance strategy, leveraging high quality data and analysis of what works best in policing. Its objectives are crime prevention, criminal apprehension, improved police legitimacy and overall officer wellness. Using interventions which have been shown through scientific evidence to improve police effectiveness, is central to the concept of EBP. Simply, it's putting research into practice. It contrasts decisions based on rumors, assumptions, alternative agendas, traditions, longstanding approaches and general bad information.
- **Hot Spot Policing (Place Based Policing):** Focuses on small units of geography with high rates of crime. Place-focused instead of traditional people-focused approach. Focusing resources where crime is highly concentrated.
- **Graffiti Abatement:** Detecting and removing graffiti rapidly and routinely to prevent spreading.
- **High Visibility Enforcement (HVE) Patrol:** Identifying problem hot spots and using evidenced-based policing principles to target the issues.
- **New Command Central Analytics** assists in identifying and forecasting trends and hot spots.
- **Code Enforcement:** Aggressive enforcement and abatement of nuisance properties.

ESTABLISHING REGIONAL PARTNERSHIPS AND AGREEMENTS

The police department is working

Change is not always easy or fast, but with the implementation of new public safety measures and effective leadership, the City will continue to move in a positive direction.

with police department personnel from SeaTac, Port of Seattle, Kent, and Normandy Park to establish short and longer term projects that focus on high crime areas. Each department recognizes that one department alone cannot address the crime trends that impact each city in South King County. Each jurisdiction must remain engaged and connected in an effort to better share information on crime trends in a timely and effective manner. The SeaTac Police Department and the Des Moines Police Department are working on expanded partnership opportunities to better utilize resources to address issues in the Pacific Ridge Neighborhood. Updated radio frequency templating has made day-to-day communications more efficient. As time goes on, opportunities for expanded projects will no doubt create a better public safety model for that area.

EFFORTS THROUGHOUT DES MOINES

Despite the much needed emphasis in the Pacific Ridge area, the City Council is fully aware of community concerns regarding residential burglaries, mail theft, auto prowls, and other neighborhood livability issues and has been working hard to address these issues. The addition of four new officers will help, but it will not solve these problems. A combination of increased staffing, the identification and forecasting of trends to better predict where crime will occur, establishing regional partnerships, and the aggressive prosecution of offenders are all vital in order to ensure the safety and health of our citizens. All of these elements are priorities for the City Council in 2017.

In order for the City to make an impact

continued next page

From the Mayor, continued

on crime, the community's involvement and support is essential. Intervention and prevention through community education is required for long-term change to happen. Police department personnel will continue with efforts to educate block- watch groups and increase communication. For more information on joining an existing block- watch group or creating one for your neighborhood, please contact Community Service Officer Tonya Seaberry at TSeaberry@desmoineswa.gov. An informed and educated community is central to everyday neighborhood safety and security.

CITY SUPPORT FOR SCIENTIFIC REVIEW OF POTENTIAL HEALTH AND WELL-BEING CONCERNS FROM AIRCRAFT EMISSIONS

In addition to the Council's aggressive approach to increase public safety, we are also looking at ways to increase the health of our citizens. The City is actively supporting an important piece of legislation that has been introduced in the state legislature by Representative Tina Orwall and Senator Karen Keiser (whose districts include Des Moines). The proposed legislation would fund a research study to be carried out by scientists at the University of Washington to place monitoring stations in proximity to the airport, record and then analyze data related to ultra-fine particle emissions from aircraft operations at SeaTac Airport.

SeaTac has been working with Alaska Airlines to increase utilization of biofuels which appear to lessen emissions. The ultra-fine particles are at the smallest end of the emissions range and many feel have not been adequately studied. The City has sent our representatives letters of support and has testified on behalf of the proposed legislation in both the House and Senate committees considering the bill.

NEXT STEPS

The City Council and City staff remain committed to enhancing the health and public safety of our community in 2017 and beyond. Change is not always easy or fast, but with the implementation of new public safety measures and effective leadership, the City will continue to move in a positive direction. As always, additional information on matters of interest involving the City as well as contact information for Council members and City staff can be found on our website www.desmoineswa.gov. The City Council and I continue to be excited by the many encouraging developments and activities that are occurring throughout our City and I can ensure you that as the City moves forward, the health, safety and quality of life of our residents will be a guiding principle in the decisions that we make.

*Matt Pina,
Mayor & Councilmember
City of Des Moines, Washington*

“Our communities around the Sea-Tac International Airport, and indeed all Washington residents near airports, deserve to have the most scientifically relevant and accurate information regarding ultra-fine particles as a matter of public health...Rep. Orwall and I are pushing legislation this session to fund a comprehensive study for the University of Washington to conduct and which directs the Department of Commerce to report back the health implications for our neighborhoods and families.”

—Senator Karen Keiser

DES MOINES DIRECTORY

City Hall
21630 11th Avenue South
206-878-4595

Business Hours
Monday – Friday
8:00am – 4:30pm
www.desmoineswa.gov



City Council

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Melissa Musser	MMusser@desmoineswa.gov
Jeremy Nutting	JNutting@desmoineswa.gov

City Offices

City Attorney	206-870-6518
City Clerk	206-870-6519
City Manager	206-870-6541
Planning/Building	206-870-7576
Engineering	206-870-6522
Facilities Rentals	206-870-9370
Finance Director	206-870-6532
Marina	206-824-5700
Municipal Court	206-878-4597
Parks Administration	206-870-6527
Police Department	206-878-3301
Public Works/Park Maintenance	206-870-6559
Recreation	206-870-6527
Senior Services	206-878-1642

Other Numbers

Emergency	206-870-6511
Animal Control	206-870-6527
Field House	206-870-6527
Fire (non-emergency)	253-839-6234
Library, Des Moines	206-824-6066
Library, Woodmont	253-839-0121
Police Dispatch (non-emergency)	206-878-2121

Utilities and Services

Century Link	800-573-1311
CleanScapes	206-762-4900
Comcast	877-778-7008
Highline Water District	206-824-0375
Lakehaven Wtr/Sewer	253-941-1516
Midway Sewer District	206-824-4960
Puget Sound Energy	800-321-4123
SW Suburban Sewer	206-244-9575
Water District #54	206-878-7210

CALL BEFORE YOU DIG:

Utility Locates	800-424-5555
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DES MOINES
**CITY
CURRENTS**

Des Moines City Currents
is published by
Phillips Publishing Group
for the City of Des Moines

Phillips Publishing Group

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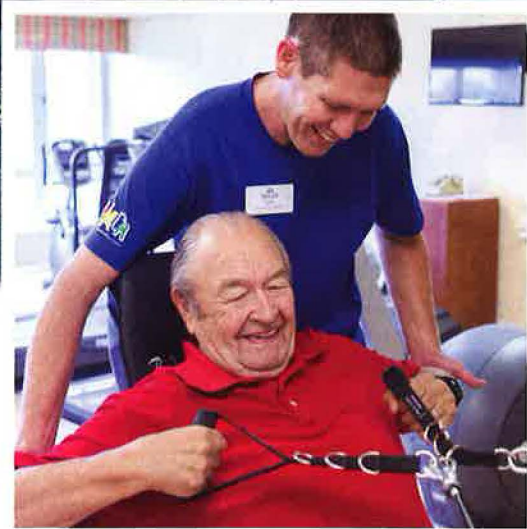


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Judson Park in Des Moines, Washington, is managed by ABHOW, a California nonprofit public benefit corporation. ABHOW is a nonsectarian corporation, serving seniors through quality retirement housing since 1949. License #BH-681, DHS #797.

Springtime is Here!

By Master Animal Control Officer Jan Magnuson

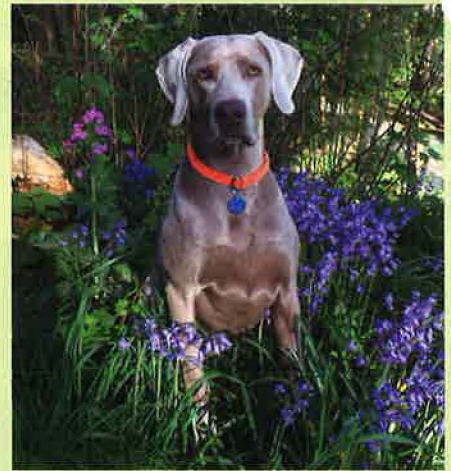
SPRINGTIME IS HERE! We are welcoming the warmer, more pleasant weather, longer hours of daylight, and lots of fun activities to do with our furry, four-legged family members!

Whether you have a new puppy or dog, or one that has been in your home for a while, it is always a good time to start, or brush-up, on their basic obedience and good manners. We have group classes that run year 'round at the Des Moines Fieldhouse, they are educational and loads of fun for both the doggies and their families. For more info or to register, contact the Des Moines Park and Recreation Dept. 206 870 6527 <http://www.desmoineswa.gov/index.aspx?nid=164>. We always welcome visitors, so feel free to stop by anytime we have class to see what it is all about, we

would be pleased to have you join us!

If you are interested in continuing on after the basics and gaining an Obedience title on your dog, you can take the next step with the Canine Good Citizen program <http://www.akc.org/dog-owners/training/canine-good-citizen/> and then continue on with more advanced titles <http://www.wsotc.org/obediencetrials.html>.

Below is a smattering of all the different activities and events you and your dog can participate in...there are also many community events such as charity and fund-raising dog-walks, organized doggie play groups, even dog-oriented singles events! You can do an online search for additional info, or contact me for further recommendations- Thanks and Happy Training!



UKC Best-In-Show and High-In-Trial Champion Sunstar "Willow" of OwyheeStar, AKC Canine Good Citizen, UKC Rally Obedience I, Therapy Dog International Certified

AGILITY

The sport of **Agility** is basically an obstacle course you traverse with your dog. Whether you want to give it a try for the fun of it and for good exercise, or want to work toward a title on your dog, it is a popular activity that many folks and their dogs enjoy!

<http://www.ukcdogs.com/Web.nsf/WebPages/DogEvents/Agility>

HERDING

Herding (usually sheep herding), is not necessarily just for the herding breeds of dogs, like Border Collies and Australian Shepherds, but for any dog and handler who wants to try out an exciting new activity!

<http://www.ahba-herding.org/MainPage.php?AreaName=Overview>

NOSE WORK

Nose Work (also known as Scent Work) is a relatively new organized activity that is becoming more popular all the time; teaching your dog to search, sniff out, and find particular items is fun for both the dogs and their handlers.

<http://www.k9nosework.com/competition-and-nacsw>

Upcoming Dog Obedience Training Classes

Dogs 4+ months	At the Field House	R/NR
Thu April 6-May 11	7:15-8:15 pm	\$95/\$105
Tue May 23-June 27	7:15-8:15 pm	\$95/\$105



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Calling All Retirees: Local Volunteers Needed!

By Lillian Claunch



THE VOLUNTEER DRIVERS FOR DES MOINES/NORMANDY PARK ACTIVITY CENTER are reaching out to you to do something really meaningful and very

much needed. Says volunteer driver Tom, "Hey, every one of us volunteered to have something to do after retirement and soon came to the realization how important we were in the lives of seniors and the disabled. We are the only means of transportation for these people," and as Tom Enghert, a 14-year driver, told me, "I get more appreciation from the riders than I ever got working 45 years as a mechanic."

Drivers are needed to help cover current half day shifts. The shifts are: 8:30 AM to noon and 12:30 PM to 4:00 PM. No one has to drive all day, although some of the drivers do. Four hours is a very small part of a person's week. We appeal to men and women. There is no special driver's license required, just a warm smile and a love to drive locally helping others. Driver Applications are available at the Des Moines/Normandy

Park Activity Center, 2045 S. 216th St., Des Moines or online at www.desmoineswa.gov/seniors and download the HYDE Shuttle Driver Application.

Now meet our drivers.

JOHN McEVOY. He is accompanied by his friendly dog, Bonnie. "They love her. No one has ever complained about the dog. She is more popular than I am."

John has been a mainstay with the HYDE Shuttle transportation program for 12 years.

ALAN MASTERSON, 10-year driver. "I

ten days. Over the years, I've found others who live alone and I am reminded that the senior shuttle provides more than just transportation."

TOM ENGHERT, 14-year driver. "I did it to honor my parents who couldn't drive anymore. They live in Missoula, Montana. It would have been nice to have something like this for them. I hope I never have to give up this wonderful volunteer job."

SCOTT ELIASON, 8-year driver. "I drive because it is a service that our community desperately needs. I didn't

realize when I started, originally as a way to stay busy, that the riders couldn't drive or had no cars, and this service was how they could get out of the house and do necessary errands and appointments. There isn't a day that they don't thank me."

ROBERT GIBBS, 6-month driver. "It's a wonderful way to get involved with your community and meet people. I enjoy the different people and have

a nice conversation with them. It's fun!"

Any questions? Ready to fill out a volunteer application? Call the Center at 206-878-1642.



Alan Masterson



Robert Gibbs with passengers

picked up a woman who seemed anxious to engage me in conversation. As she got off the bus, she mentioned that I was the first person she had talked to in more than



BENCH DONATION PROGRAM

The City installs and maintains many park benches throughout the city. The Bench Donation program allows citizens and businesses to dedicate a bench to a family or friend for a ten year time frame. If you are interested in purchasing a bench to honor someone you know, please phone 206-870-6547 for more information or email jb主@desmoineswa.gov

Pay Parking in the Des Moines Marina and Beach Park

FOR ALMOST 50 YEARS THE DES MOINES MARINA has provided access to the Puget Sound for countless numbers of residents and visitors for a wide variety of uses. Boating and special events like the 4th of July Fireworks Over Des Moines and the Des Moines Waterfront Farmers Market are certainly the most visible activities but many people come to the Marina to walk along the promenade and the Des Moines Creek Trail, play on the beach or to fish from the Public Fishing Pier. Many things have changed in our society since the Marina opened in 1970 but one thing has remained constant: the demand for public access to the waters and shoreline of the Puget Sound.

In order to meet this demand, the City Council and staff have been carefully constructing a plan to ensure that the Marina will be able to sustain itself for future generations. When the City built the Marina it was set up as an "enterprise fund" which meant that the revenues from the moorage fees, fuel sales and other services provided to boaters were expected to cover all of the Marina expenses, including wages and debt payments. Fortunately, the Marina was an immediate financial success and has remained so until recently. No City taxes are used to pay for the operation of the Marina. The Marina has not only paid all of its expenses and debt service, but over the years Marina revenues have helped support the general operations of the City.

About four years ago, as our region and the country began to emerge from the worst recession in a generation, it became apparent that recreational boating in the Puget Sound, like in the rest of the country, was experiencing a significant decline. As a result, the City is no longer able to depend on revenues from the existing Marina enterprises to pay all the operating expenses. Also, to start replacing some of the major assets like the floating docks and the bulkheads, it will be necessary to take on debt, further taxing revenues. At that time the City's leaders began discussing other possible revenue sources in the Marina, including some commercial development and charging for parking in the Marina and Beach Park.

Early on in the discussions the Marina staff began a series of surveys to determine the demand for parking and

extent of the "market area" (or where do the people who use the Marina and Beach Park for non-boating activities come from). As expected, the surveys showed that parking demand was seasonal, but surprisingly strong during the off-season when the weather was good. The surveys also showed that the Marina and Beach Park are truly regional facilities with over 70% of the non-boating visitors coming from outside the City.

The data also lead to the conclusion that, for the future, it would be more equitable to develop new revenue streams based on user fees rather than taxes, because so many of the "users" come from outside the City. In early 2016 the City Council approved staff's proposal to install a pay parking system in the Marina and Beach Park. After a year of investigation and planning, staff is now in the process of installing the system, with a target operational date early in April. City staff is in the process of surveying other regional facilities to develop the fees for parking and are planning on offering an access card to Des Moines Residents for an annual fee, similar to the program the State Parks have.

Last October, the City staff began meeting with Marina tenants and neighbors to discuss the implementation

of pay parking. The meetings will continue to be held on the third Wednesday of each month, starting at 5:30 PM. To engage the broader community, the meetings have been moved to the Activity Center located at 2045 S 216th Street and will continue



thru May or longer as needed to provide a forum for working out any problems that develop during the startup of the new system. The City encourages any interested parties to attend the meetings.

The City of Des Moines owns and operates two of the five waterfront facilities that provide public access to the Puget Sound for South King County's more than 500,000 residents. Sustaining and improving these facilities will remain one of the City's top priorities.



Dr. Bae has been recognized as a "SEATTLE TOP DENTIST" by her peers in the *Seattle Metropolitan Magazine*



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VOLUNTEER EVENT IN HONOR OF EARTH DAY

SATURDAY, APRIL 22, 9AM-12PM

**SAY "YES" TO
VOLUNTEER WITH
FRIENDS OF DES
MOINES CREEK**



**SAY "NO" TO
INVASIVE WEEDS!**

Did you know that Friends of Des Moines Creek and community volunteers have been removing invasive vegetation and planting in the buffer for almost 20 years? Although we can really see the improvements now, important work needs to continue. This event will focus on hand weeding around established native plants in Beach Park and the Des Moines Creek buffer.

What? Maintenance of existing native plants to improve the natural areas along Des Moines Creek. Learn to identify and control your own weeds, or expand efforts in other areas.

When? Saturday, April 22, 2017: 9am to 12pm

Where? Meet in the north parking lot (upstream, over the car bridge, at the circular driveway). Please be on time, so we can discuss the work and start as a team.

What to bring? Energy, work gloves, rubber boots that can get muddy, snacks and water. Please dress for the weather/work conditions; rain pants and knee boots are helpful. Please bring at least one or more favorite weeding tool like shovels, picks, two-way saws, and loppers.

Children are welcome, under 12 with one-on-one adult supervision.
Larger groups are encouraged to participate.

Please save the date, spread the word, and join in on this event!

Please email laurahartema@yahoo.com with "volunteer" in the subject line and note how many will be in your party for planning purposes.

Thanks everyone! See you soon! • Laura Hartema • 206-650-9001

Renewing your Car Tabs: What does **TBD** & **RTA** mean?

RENEWING YOUR TABS? MANY OF OUR RESIDENTS WILL EXPERIENCE A STICKER SHOCK when they renew their tabs this year. The major increase is largely a result of the passage of Sound Transit 3, a transportation package that was approved overall by voters in King, Pierce, and Snohomish Counties last November. The new tax can be found under the title RTA Excise Tax and raises the car-tab tax by 0.8% based on a vehicle's value. For a car worth \$10,000, it equals out to about \$80.

The only line items on your tabs collected by the City is under the title "T.B.D. - Des Moines". This stands for Transportation Benefit District, which is a state authorized taxing district that can raise revenue for specific transportation projects. The funds generated by the Transportation Benefit District are used solely for transportation improvements that preserve and maintain the



Above: Renewing your car tabs may be a little more expensive this year.

Below: A sample Department of Licensing renewal form displays the TBD and RTA fees.

transportation infrastructure of the City. These funds are used for improvements to preserve and maintain the City's previous investments in the transportation infrastructure, reduce the risk of transportation facility failure, improve safety, continue the cost-effectiveness of the City's infrastructure investments, and continue the optimal performance of the transportation system.

Of the \$40 collected under the T.B.D. line, \$20 goes towards roadway maintenance (pot holes, striping, signal maintenance, etc.) and \$20 goes towards arterial street paving. The City is planning to pave arterials annually beginning next year with South 223rd Street between Marine View Drive and 24th Ave South. It has been nearly a decade since the City has had a sustainable source for paving roads, and many of the City's streets reflect the lack of investment in the roadway surfaces.



STREET BANNER PROGRAM

Spanning Marine View Drive, cross streets and areas of 7th Avenue are colorful banners promoting local businesses. The banners are fade resistant and made from a heavy 22 ounce vinyl. Each banner is \$200 for the first year with an annual renewal fee of \$125. Returning businesses have first priority but if you would like to participate in this program or want to learn more, please phone 206-870-6547 or email jbest@desmoineswa.gov for additional information.

Vehicle	
Description	2014 Hyun
Expires	6/19/2017
Plate	
VIN	
Estimated fees	
Registration License - Renewal	\$30.00
Vehicle Weight	\$25.00
Registration Filing	\$3.00
Registration Service Fee	\$5.00
License Plate Technology	\$0.25
Department of Licensing Service	\$0.50
State Parks Donation	\$5.00
T.B.D. - Des Moines	\$40.00
RTA Excise Tax	\$235.00
Total	\$343.75

Community Development 101

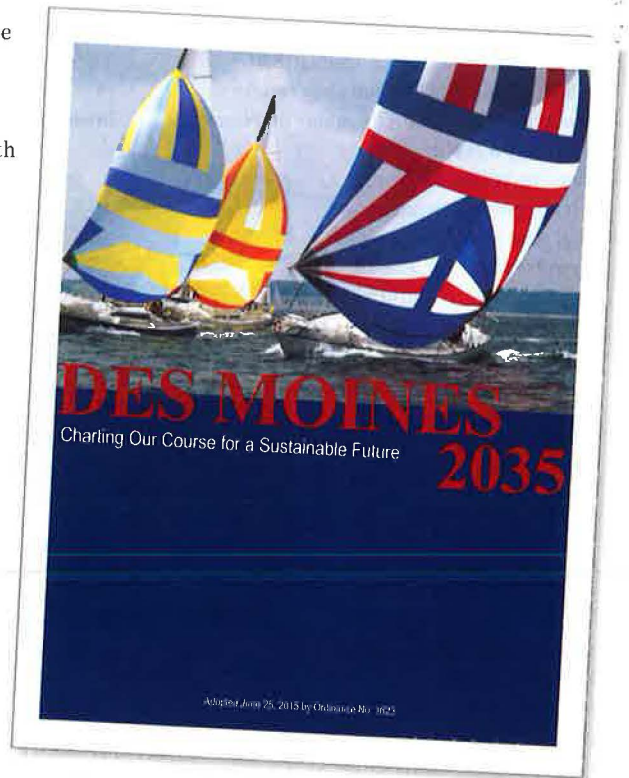
A CITY PLANNER'S JOB IS TO HELP CITIZENS build a great community. Des Moines City planners (or just "planners" for short) work with the mayor, City Council, the police, engineers, business people, neighborhood groups, and many others to make our community the best place to live. Our planners do everything from developing long range land use plans to reviewing projects for compliance with local regulations such as zoning, design, and environmental protection as well as compliance with State and Federal regulations.

It sometimes seems as if planners speak a foreign language, what with all the initialisms and acronyms they use such as DNS (Determination of Nonsignificance), SEPA (State Environmental Policy Act), JARPA (Joint Aquatic Resource Permit Application), NOCA (Notice of Complete Application), GMA (Growth Management Act) and so on... Our planners are professional code readers, code talkers, and code interpreters. The Des Moines Municipal Code (DMMC) is their textbook, it can be found here: <http://www.codepublishing.com/WA/DesMoines/>

Your City Council adopts, modifies, and amends the code in order to pursue the Des Moines vision of "An inviting, livable, safe waterfront community,

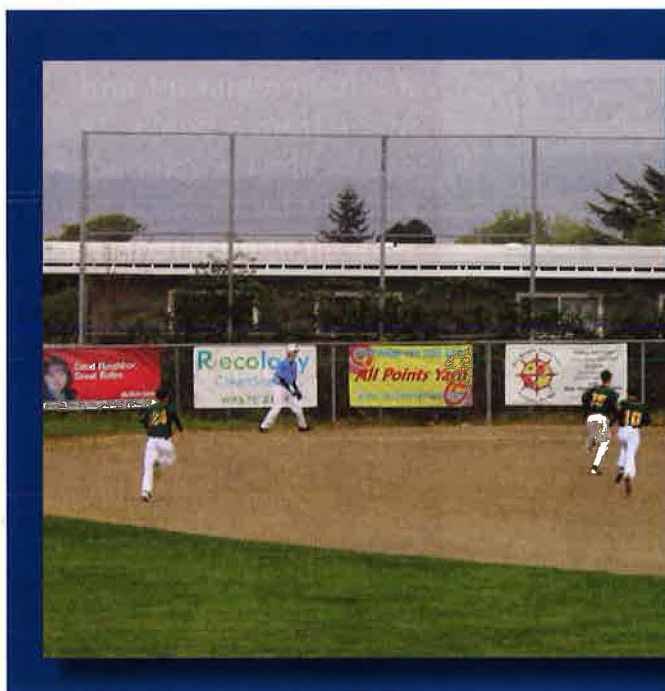
embracing change for the future while preserving our past." (Des Moines 2035 Charting Our Course for a Sustainable Future). The Planners work with residents, property owners, developers and government agencies to ensure projects meet DMMC and State requirements. With questions ranging from, "What are the setbacks/zoning for this property?" to "What are the regulations for developing near the Shoreline?" answers can be quite complex.

Relying on the DMMC, our City Planners are dedicated to finding accurate answers as we continue the process of meeting the goals of the Des Moines Comprehensive Plan and the development regulations that our City Council has enacted. You can view the Des Moines Comprehensive Plan on the City website at: <http://www.desmoineswa.gov/DocumentCenter/View/2091>. If you have questions regarding your projects, City Planners are available without an appointment from 9 to 11 a.m. Monday



The Des Moines Comprehensive Plan is available for viewing at the City's website.

through Friday at City Hall. The Community Development Department continues to work diligently balancing progress with the need to meet our City, State and Federal regulatory requirements.



BALLPARK BANNER SPONSOR PROGRAM

To promote local business we place 4x8' banners at Steven J Underwood Memorial Park and/or the Field House Park. The program runs from April to November and business can have their banner fly for either one (1) year or three (3) years. Typically, these parks are booked solid from March through November so the banner would receive tremendous exposure. For more information or to participate in the program, phone 206-870-6547 or email jbest@desmoineswa.gov.

Housing Repair Assistance Program

THE CITY OF DES MOINES IS ONCE AGAIN PROVIDING MINOR HOME REPAIR SERVICES to City resident homeowners who have "extremely low" to "low" incomes based on U.S. Department of Housing and Urban Development (HUD) income guidelines. This is done by providing free repair services to improve the health and safety of our residents as they live in their homes. Funding for this program is provided by a Community Development Block Grant through King County.

Services provided include but are not limited to:

Electrical – faulty lights, switches, plugs, circuits or exhaust fans

Plumbing – faulty toilets, clogged drains, leaking faucets, faulty water heaters

Disability Aids – installation of grab bars, hand rails, hand held showerheads, bath seats, high toilets, access ramps and application of non skid surfaces



Safety – installation of smoke alarms, security/safety lights, carbon monoxide alarms and locksets

Other – faulty furnaces, faulty gutters and roof leaks, broken window glass panes

HOW DO I QUALIFY FOR THESE FREE SERVICES?

1. Be an owner/occupant within the Des Moines city limits for at least one year with no intention of selling in the next 12 months, have proof of home owner's insurance, and meet the HUD income guidelines for the program.
2. Complete the application process

HOW DO I APPLY?

To apply for this program please follow these directions:

1. Request an application by calling 206-870-6535
2. Complete the application forms and return them with the supporting documentation to the City of Des Moines/Minor Home Repair at: 21630 11th Ave. S. Ste. D, Des Moines WA 98198
3. Once your application is processed and evaluated you will receive a phone call informing you of your acceptance or non-eligibility for our program. Upon acceptance your job will be referred to one of our contractors who will call you to make an appointment to perform those services. Services that are required for your health and/or safety are the highest priority.

Earth Day is Saturday, April 22, 2017. The City is coordinating clean-up activities on the sidewalks, in the Parks, on the beaches and in the Des Moines Creek. If you or your company would like to participate in any activities from 9am until noon on the 22nd please contact jbest@desmoineswa.gov or phone 206-870-6547.

Storm Drain Marker Volunteer Program

COME HELP MAKE A DIFFERENCE IN THE COMMUNITY!

Organizations or individuals can help raise public awareness, protect our water quality, and reduce the amount of pollution by participating as a volunteer in our storm drain marking program. When it rains, water runoff collects oil, pet waste, grease, soaps, and sediment. Where it then enters into the storm drain system, polluting the surface water and the environment. You can spend as much time as you wish and choose the area you want to mark. Volunteers must be



at least 15 years of age.

Instructions, maps, and storm drain marking supplies will be provided. For more information, please contact Tyler Beekley, Water Quality Specialist at (206) 870-6869 or tbeekley@desmoineswa.gov.

ALL POINTS YARN

Yarns & Accessories for Knitting & Crochet
Books, Patterns, Buttons, Classes, and More

Beautiful Yarns in a Beginner-Friendly Store

Join Our E-Mail List for Special Sales, Offers, & Coupons!

Ask about Our 2017 Knitters' Cruise to Alaska!

21921 Marine View Drive South
(206) 824-9276

Des Moines
www.allpointsyarn.com

HOURS
Tue 10-6
Wed-Thu 10-7
Fri-Sun 10-5
Mon Closed

Ask an Ecologist

By Laura Hartema, local ecologist and volunteer for Friends of Des Moines Creek

Why should I care about climate change, and what can I do locally to help reduce it?



Trees absorb harmful carbon from the air.

NO MATTER WHERE YOU STAND ON CLIMATE CHANGE, it's important to understand its causes and what we can do to combat it.

At the end of a warm, sunny day, the air temperature lowers with the setting sun. However, imagine the air unable to cool down. This is what greenhouse, or "heat-trapping" gases like carbon dioxide, methane and others do in the atmosphere. They absorb the Earth's heat; the more gases present, the warmer the Earth's surface.

When it comes to climate, our Earth's air, water, and land are all related. The warmer it gets the more negatively impacted are people and the environment. Long term solutions are to rely less on burning fossil fuels for energy and a switch to greener technologies, while also capturing greenhouse gas emissions before they enter the atmosphere. Changes in our community can lead to other changes elsewhere.

Where do greenhouse gases come from?

- Burning fossil fuels like coal, oil and natural gas.
- Methane and nitrous oxide, mostly from agriculture and waste, are also sources.
- The EPA reports electricity and industry as the largest contributors in the US, but emissions from every country add to the problem (2016).

What are some of the problems associated with a warming climate?

- Earlier snow and ice melt will cause a rise in sea levels.
- As oceans absorb more heat from the atmosphere and become warmer, stronger storms may develop.
- Changing rainfall patterns and more droughts could lower crop production, help weeds and pests to spread into new areas, and increase the risk of forest fires.
- Plants, insects, birds & wildlife will have to adapt to survive. Migration patterns will change.

What can I do to reduce the production of these "heat-trapping" gases?

- Start today by preserving existing trees and planting new ones. Trees absorb atmospheric carbon during photosynthesis and store it. Longer lived trees, like conifers, release it back into the environment slowly.
- Protect and preserve a variety of habitats to allow plants and animals to adapt to environmental changes.
- Protect and restore shorelines and stream buffers to provide natural, protective barriers against flooding, sea level rise, and wave action from stronger storms, all of which may come with climate change.
- Reduce your own "carbon footprint."
 - » Use less energy overall and buy energy-efficient appliances and electronics.
 - » Take the bus, rideshare, and don't idle your vehicle.
 - » Save water. Look for leaks. It takes energy to treat and heat the water in your home.
 - » Reduce. Reuse. Recycle. Buy (and throw away) less stuff.
 - » Eat locally. Fuel emissions increase the further your food is transported.

Help make an impact in our community. To sign up for future volunteer events with *Friends of Des Moines Creek* in weed control and planting in the stream buffer, contact laurahartema@yahoo.com. The next event is in celebration of Earth Day on April 22, 2017.

REFERENCE: EPA's Inventory of U.S. Greenhouse Gas Emissions and Sinks (2016).

Spring into Des Moines

UPCOMING • COMMUNITY • ACTIVITIES



EGGStravaganza • Saturday, April 15, 9-10am
Enjoy a leisurely EGG-HUNT! Fun Crafts, Activities & Prizes, Photo Opportunities with the Easter Bunny. Children Grade-6 & under; children under age 5 must be accompanied by an adult. Held at the Des Moines Beach Park. \$5 per child.

Earth Day Activities • Saturday, April 22, 9am-12pm

The Des Moines Rotary Club will be picking up debris on the sidewalks along Marine View Drive and South 216th Street. To RSVP for the event, contact: Dan Johnson—danjohnson131@gmail.com or 206-914-3104. Also, the Friends of Des Moines Creek will be providing maintenance of existing native plants to improve the natural areas along the creek. Confirm your participation with laurahartema@yahoo.com and meet in the north parking lot at the circular driveway at 9am in the Beach Park.

3rd Annual Samoan Arts & Academic High School Competition Saturday, April 29

Contact SamoanAAC@gmail.com

Three Tree Point Yacht Club • Thursdays

The TTPYC Summer Series Races are a collection of 5 races that run through the month of June. More information is available at www.ttpyc.org

Second Chance Spring Clean June 5-16 at the Activity Center

Clean out your closets for spring and bring your gently used items to the Activity Center. All donations support the services and programs at the Des Moines/Normandy Park Senior Activity Center. Stay and shop - 9am to 3:30pm daily.



Kayak and Paddleboard Adventures in Redondo • June - August

The Olympic Outdoor Center invites you to serious fun at the Marina & Redondo Beach. Sunset tours and equipment rentals offered daily.

Farmers Market • Saturdays, June - Sept. 10am - 2pm & Wednesdays, July - Aug. 4-8pm

The Des Moines Waterfront Farmers Market is family friendly and showcases local fresh farm produce, artisans and foods. It is located at the scenic Des Moines Marina - Saturdays 10-2pm and Wednesdays 4-8pm.

Coming This Summer...



Fireworks Over Des Moines Tuesday, July 4

Destination Des Moines proudly presents Fireworks over Des Moines Independence Day Celebration. It has been a tradition within

our community for many years. Celebrate with us on the water's edge!

Washington Strongest Apple Saturday, July 8

This fun event starts at 10am at the Des Moines Marina.

Legacy Auction for Kids Wednesday, July 12, 5-8 pm, The Beach Park

Des Moines Legacy Foundation Youth Auction at the Beach Park. No tickets required www.desmoineslegacy.org.

Smoke on the Water Wednesday, July 12, 5-7pm

Destination Des Moines invites you to enjoy a great BBQ, Beer and Wine Garden, Root Beer Float station & Music. Tickets at www.destinationdesmoines.org.

Beach Park Summer Concert Series Begins Wednesday, July 12, 7pm

Des Moines Arts Commission invites you to great entertainment on the waterfront. Beer and Wine Garden on site. (Suggested donation \$5 a family).

Pet-a-Pool-coza Sunday, July 16 from 11-3pm

Dog Swim and Pet Adoption Fair at Mount Rainier Pool. Pet lovers everywhere are invited let their pooches play around in the pool prior to our draining it for repairs. In the parking lot we'll have information and pets

for adoption by King County Regional Animal Services. Owners will not be allowed to swim with their dogs.

Waterland Festival & Parade Friday, July 21 - Sunday, July 23

Destination Des Moines invites you to this year's Waterland Festival weekend, featuring a kids carnival, parade, and car/motorcycle/wooden boat show. Family friendly community events with something for everyone!

Dive Around the Clock Saturday & Sunday, July 22 & 23

24-hour scuba diving relay dive-a-thon at Redondo Beach.

Cultural Celebrations @ Saltwater State Park July - August

Southeast Asian Cultural Celebration, Flute Quest Native American Flute Festival, Cambodian Cultural Celebration.

Movies in the Park Friday, August 4 & 11

Great family fun! Movies at dusk.

WATER AEROBICS

A fun and refreshing way to get and stay in shape	
Monday - Friday	8:30 - 9:30 am
Tuesday/Thursday	7 - 8 pm
Monday - Wednesday	8 - 9 pm
*We hope to restart evening classes in the near future	
Price: \$6.50 Adults / \$5 Seniors	

LAP SWIM

Swim your way to better health and fitness	
Mon - Wed - Fri	5:30 - 7:15 am
Monday - Friday	8 - 9 am
Monday - Friday	11 am - 1 pm
Mon - Wed - Fri	8 - 9 pm
Saturday	Noon - 1 pm
Price: \$4.50 Adults / \$3.25 Seniors	

OPEN SWIM

Stop in and enjoy a refreshing dip	
Monday - Friday (family)	10:30 am - 2 pm
Mon - Wed - Fri	7 - 8 pm
Mon - Wed - Fri	8 - 9 pm
Saturday	1 - 2 pm
Price: \$3.75	

POOL RENTALS

The pool is available Saturdays and Sundays for a variety of events.

Rental includes mats, noodles, a diving board, and lifejackets upon request.

We are typically able to schedule rentals up to 3 months in advance. Payment for all rentals is due 2 weeks before event.

RATES	Cash/Check	Credit/Debit
<25 people in water	\$90	\$99
26 - 60 people in water	\$120	\$132
61 - 103 people in water	\$150	\$165
Front lobby	\$45	\$49.50



SWIM LESSONS

OUR PHILOSOPHY

- We believe Better Swimming is Safer Swimming
- We teach every student how to be the best swimmer they can so they are safe in all aquatic environments
- Our instructors work shorter distances and more repetitions so each student is provided the proper foundation to learn how to swim
- We have a very small (4-1) student to teacher ratio so that each student can get the most out of each lesson
- Our instructors are trained and critiqued daily

Lessons (per class fees)

Our classes are divided into proficiency levels, not necessarily age groups

	Cash/Check	Credit/Debit
Preschool Level 1-4	\$9.75	\$10.75
Youth Level 1-4	\$9.75	\$10.75
Youth Level 5-6	\$6.60	\$7.26
Parent - Tot	\$5	\$5.50
Parent - Tot (drop in)	\$6.60	\$7.26
Adult	\$9.75	\$10.75
Private	\$39	\$42.90

* Lesson payment notes

Parent-Tot classes are \$5 per lesson if you sign up for the month or \$6.60 if you want to drop in. You must pay upon registration as we do not hold spots. When you pay for lessons you are paying for month or session you sign up for.

Your total will depend on how many days a week you sign up for and how many of those days there are in the month.

For example:

$$\$9.75 \times 8 \text{ (Monday and Wednesday for the month)} = \$78$$

$$\$9.75 \times 4 \text{ (Saturday only for the month)} = \$39$$

2017 Lesson Registration Dates

Pre Registration (current students only)

Monday, March 20

Monday, April 17

Monday, May 15

Monday, June 19

Open Registration (open to all)

Thursday, March 23

Thursday, April 17

Thursday, May 18

Thursday, June 22

About Levels

If your child has previous swim experience outside of our program or has been out of our lesson program more than 3 months we will require them to take a placement test to see where they fit within our lesson program. If they have never swam unassisted before they do not need a placement test and will be placed in the first level of their appropriate group.

About Age Groups

For children 6 months to 3 years old, we offer Parent-Tot classes where both you and your child get into the water.

For our group lessons we require that students be at least 3 years of age or older. Children ages 3-5 years old will be placed in our Pre-School section classes and children 6 and older will be placed in our Youth section classes.

Teens and adults will be placed in our adult lessons.

About Placement tests

If your child has taken lessons outside of the AMG Swim School program or has been out of our program for more than six months, we will require a placement test before sign up.

Placement tests are conducted on Mondays/Wednesdays at 2 pm or 4:45 pm and Tuesdays/Thursday at 4:45 pm. Placement tests are free and only take a few minutes.

Please show up at least 10 minutes in advance so we can have an instructor in the water for your placement test. If you show up later than the scheduled time, we cannot guarantee you will get a placement test that day.

www.MtRainierPool.com

22722 - 19th Ave S • Des Moines • 206-824-4722

OPERATED BY THE DES MOINES POOL METROPOLITAN PARK DISTRICT

MOUNT RAINIER POOL

GOVERNED BY THE DES MOINES POOL METROPOLITAN PARK DISTRICT



Summer Closure for Renovation

JULY 17 - SEPT. 17

Check mtrainierpool.com
for more information

Spring 2017 Schedule (Feb. 22 - June 18)

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30 - 8:30 am	Available for rentals	Lap Swim Flow Motion 6-7		Lap Swim Flow Motion 6-7		Lap Swim Flow Motion 6-7	Swim Teams to 9:45
8:30 - 9:45 am		Lap Swim to 9:45 Water Ex to 9:30	Lap Swim to 9:45 Water Ex to 9:30	Lap Swim to 9:45 Water Ex to 9:30	Lap Swim to 9:45 Water Ex to 9:30	Lap Swim to 9:45 Water Ex to 9:30	Swim Lessons 10 am - Noon Parent Tot Lap Swim Noon - 1 pm Flow Motion KIDZ Boot Camp* Noon - 1pm
10:30 am - 1 pm		Lap Swim Swim Lessons Family Swim	Flow Motion 10-11 Flow Motion 11:30-12:30 Lap Swim Swim Lessons Family Swim	Lap Swim Swim Lessons Family Swim	Flow Motion 10-11 Flow Motion 11:30-12:30 Lap Swim Swim Lessons Family Swim	Lap Swim Swim Lessons Family Swim	
* SPECIAL * PROGRAMS		*On those weekdays Highline Public Schools are not in session, Mount Rainier Pool will host special events from Noon to 2 pm. This may disrupt scheduling during that time period. Please check the website for details.					
1 - 2 pm		Lap Swim Family Swim	Flow Motion Lap Swim Family Swim	Lap Swim Family Swim	Flow Motion Lap Swim Family Swim	Lap Swim Family Swim	Open Swim 1 - 2 pm
2 - 5:30 pm		Swim Teams Swim Lessons	Swim Teams Swim Lessons	Swim Teams Swim Lessons	Swim Teams Swim Lessons	Swim Teams Swim Lessons	\$1 Open Swim (First Saturday only) 2 - 3 pm
5:30 - 7 pm		Swim Lessons & King Aquatics	Swim Lessons & King Aquatics	Swim Lessons & King Aquatics	Swim Lessons & King Aquatics	Family Swim 6 - 7 pm	
7 - 8 pm		Open Swim	Water Exercise King Aquatics	Open Swim	Water Exercise King Aquatics	Open Swim or Pool Rental**	Available for rental 2 (3) - 10 pm
8 - 9 pm	Flow Motion Lap Swim Water Exercise		Flow Motion Lap Swim Water Exercise		Lap Swim unless pool is booked with Pool Rental		

*Flow Motion KIDZ Boot Camp begins Feb. 18. All Flow Motion classes require reservation. For price information and to register online, visit: www.FittBalance.com

** Friday nights beginning at 7 pm may be subject to frequent changes due to pool rentals which will run to 8:30 pm
Please call the pool to verify schedule: 206.824.4722



*It's always summer at
Mount Rainier Pool!*



22722 - 19th Ave S • Des Moines • 206-824-4722
www.MtRainierPool.com



Parks & Recreation Offices		Acreage	PLAY AREA	BALLFIELDS	RESTROOMS	PICNICKING	BASKETBALL HOOPS	FISHING PER BOARDWALK	TENNIS COURTS	NATURAL AREAS/TRAILS	RECREATION CENTER	WALKING PATH	SCENIC VIEW	BOAT MOORAGE/LAUNCH	PARKING	BICYCLING	FACILITY RENTAL	BEACH	SKATEBOARDING	ART / HISTORICAL SITE	SEATING	
FIELD HOUSE	ACTIVITY CENTER																					
1	Barnes Creek Trail Kent-Des Moines Road to 15th Ave. S.	1.2																				
2	Big Catch Plaza SVW corner of S. 216th & Marine View Dr. S.	0.2																				
3	Cedil Powell Park 250th & 13th Pl. S.	0.2																				
4	Des Moines Activity Center 2045 S. 216th Street																					
5	Des Moines Beach Park-Historic District 22030 Cliff Ave. S.	19.6																				
6	Des Moines City Hall 21630 11th Ave S.	N/A																				
7	Des Moines Creek Trail Access at S. 200th St. (SeaTac), 18th Ave. S. & 216th St. and 13th Ave. S. & S. 211th St.	9.58																				
8	Des Moines Marina 22307 Dock Ave. S.	45																				
9	Des Moines Memorial Park Marine View Dr. S. & Des Moines Memorial Dr.	0.1																				
10	Dr. Shirley B Gordon Park 2194 S 262nd Ct.	0.86																				
11	Field House Park/Community Center 1000 S. 220th St.	5.2																				
12	Kiddle / City Park S. 230th St. & 21st Ave. S.	3.2																				
13	Midway Park S. 221st & 29th Ave. S.	1.6																				
14	Mt. Rainier Pool 22722 19th Ave. S.																					
15	Overlook I Park Corner of S. 223rd & Cliff Ave. S.	0.1																				
16	Overlook II Park S. 222nd & 5th Ave. S.	0.5																				
17	Parkside Park S.244th St. & 25th Ave. S.	4.4																				
18	Parkside Wetlands 248th St. & 26th Ave.	14																				
19	Redondo Pier, Boat Launch & Boardwalk Redondo Beach Dr. & Redondo Way	2.79																				
20	S. 251st Park S. 251st St. and Marine View Dr. S.	5.5																				
21	Sonju Park 24728 16th Ave. S.	9.3																				
22	South Marina Park NE corner of S. 227th & Dock Ave. S.	0.8																				
23	Steven J. Underwood Memorial Park 21800 20th Avenue South	20.5																				
24	Water Tower Park 208th between 5th & 6th	1.34																				
25	Westwood Park 6th Ave. S. & S. 192nd St.	1.34																				
26	Woodmont Park Woodmont Dr. S. & 12th Ave. S.	8.7																				
27	Wooton Park 28202 S. 9th Ave.	2.3																				
28	Zenith Overlook/Beach Access NW corner of S. 239th & Marine View Dr. S.	0.1																				
29	Zenith Park NW corner of S. 240th & 16th Ave. S.	5.5																				



EXTENDED OUTINGS/SAVE THE DATE!

Hosted by the Washington State Association of Senior Centers, brochures with full details are available at the Des Moines Activity Center. Call 206-878-1642 for more details, the trip brochure or instructions on how to sign-up. To register contact Sheri McConnaughey, 206-767-2321. Travel insurance is strongly recommended.

Iceland: Land of Fire and Ice

Jul 2-10, 2017

\$4,499 ppdo • \$5,299/single
\$4,449/triple

Highlights: Reykjavik, Golden Circle, Thingvellir National Park, Gulfoss Waterfall, Geysir, Snaefellsnes Peninsula, Cave Tour or Lava Field Walk, Breidafjordur Bay, Seljalandsfoss, Vik, Eyjafjallojokull Volcano Visitor Center, Skogar Museum, Skogafoss Jokulsarlon Glacial Lagoon, Vatnajokull National Park and Glacier, Blue Lagoon. *Included in price: Round Trip Air, Hotels, Air Taxes & Fees/Surcharges, Hotel Transfers, 9 days, and 13 meals.*



Islands of New England

Sept 18-25, 2017

\$2,929/ppdo • \$3,529/single • \$2,899/triple

Highlights: Providence, Newport, Boston, Cranberry Bog, Plymouth Rock, Cape Cod, Hyannis, Nantucket, Martha's Vineyard, Provincetown, Whale Watch, Sand Dunes, Lobster Dining. *Included in price: Round Trip Air, Air Taxes & Fees/Surcharges, Hotel Transfers, 8 days, and 11 meals.*

Spotlight on Tuscany

October 12-20, 2017

\$3,549/ppdo • \$3,749/single
\$3,519/triple

Highlights: Montecatini, Terme, Florence, Lucca, Gothic Line, Statue of David, Siena, Winery Tour, Pisa, San Gimignano, Ponte Del Diavolo and the finest wines and cheeses of the land. *Included in price: Round Trip Air, Hotels, Air Taxes & Fees/Surcharges, Hotel Transfers, 9 days and 10 meals.*



Christmas on the Danube

December 3-11, 2017

\$3,199/ppdo- lower outside • \$3,599/ppdo- middle outside
\$3,999/ppdo- upper outside • \$4,999/ppdo- suite rate

Highlights: Vienna, Vienna Opera House, Hofburg Palace, Wachau Valley, Passau, Regensburg, Nuremberg, Christmas markets, Rothenburg, Wurzburg, Gluhwein Party. *Included in price: Round Trip Air, Air Taxes, Hotel Transfers, 9 days and 19 meals.*

REGISTRATION INFORMATION

PARKS AND RECREATION ADMINISTRATIVE OFFICE
1000 South 220th Street
Des Moines WA 98198
206-870-6527
TDD Line: 206-824-6024
Fax: 206-870-6587
recreation@desmoineswa.gov
www.recreation@desmoineswa.gov
Hours: Monday – Friday, 8am-6pm

DES MOINES ACTIVITY CENTER OFFICE SENIOR SERVICES
2045 S 216th Street
Des Moines WA 98198
PO Box 98576
206-878-1642
Fax 206-878-2260
seniors@desmoineswa.gov
www.seniors@desmoineswa.gov
Hours: Monday – Friday, 9am-4pm

Resident Priority:
Effective January 1, 2010, the City of Des Moines implemented a Resident Discount Policy offering residents discounted fees for recreation programs. Non-residents and city residents who choose not to provide proof of residency will be assessed the full fee for programs.

The Resident Discount ("RD") Fee is available to residents living within the City of Des Moines' jurisdictional boundaries and Senior Adults. To qualify for the "RD" Fee participants must provide proof of residency such as: Valid picture ID with a Des Moines address, Valid picture ID accompanied by a utility bill with their Des Moines Address. Sports Teams qualify for the "RD" Fee when 51% of their players are Des Moines residents (proof of residency will be requested.)

The full program fee will be charged to participants who are not Des Moines residents or choose not to provide proof of residency. Questions related to residency should be directed to 206-870-6527.

HOW TO REGISTER:

Walk-in: Check, Cash, Visa/MasterCard.

Phone: Visa/Mastercard.

Mail-in: Registration Form with payment by check or Visa/MasterCard information.

Registration forms are available in the offices or online at www.desmoineswa.gov/recreation/forms

Registration Policies:

Pre-registration is required for all programs unless otherwise stated.

Registration is taken on a first paid basis. Returned check Fee: \$40 (plus 50% surcharge if collection action needed).

Refund Policy/Cancellations:

When DMPR/SS cancels a program, a full refund or credit will be issued.

Refunds, less a \$10 administrative fee, will be granted when requested a minimum of 5-business days prior to the program/course start date. The administrative fee will be waived if you opt for a credit to be used for another course/program. Credits must be used by the close of each calendar year.

No refund will be issued for:

- Programs costing \$10 or less.
- Programs where admission fee was purchased in advance.
- Special Events.

Medical illness or other extenuating circumstances will be handled on a case-by-case basis. Documentation of circumstance may be requested.

Disclaimer:

Every effort is made to ensure that the information in this Recreation Guide is accurate. Because policies, personnel and funding can change, DMPR&SS reserves the right to amend or modify programs.

Accommodation of Disabilities:

The City of Des Moines is committed to accommodating citizens with disabilities and special needs. Des Moines Parks, Recreation and Senior Services will make every reasonable effort to ensure that programs are accessible. If you need assistance participating in our programs, please call us at 206-870-6527. TTY/TTD 206-824-6024.

Gender Equity Statement:

The City of Des Moines complies with the State of Washington's "Fair Play in Community Sports Act" (Chapter 467, 2009 Laws, effective July 26, 2009) that prohibits discrimination against any person on the basis of sex in the operation, conduct or administration of community athletics programs. Third parties, who contract with or receive leases or permits from the City of Des Moines for a community athletic program, are also prohibited from discriminating on the basis of sex.

If you have questions or comments contact Patrice Thorell, Parks, Recreation and Senior Services Director.

Inclement Weather:

During periods of inclement weather radio stations will report school closures and changes. Please listen for the Highline School District report. For programs held in Federal Way schools, listen for the Federal Way School District report.

School Closed: All Des Moines Recreation & Senior Services Department programs are cancelled.

School Open/1-hour Late Arrival:

All non-Club KHAOS (check parent packet for details) recreation programs will operate as scheduled. Senior programs prior to 10am are cancelled. Senior programs held after 10am – call 206-878-1642 for updated information.

School Open/2-hour Late Arrival:

All recreation and senior programs held prior to 11am are cancelled. Recreation programs held after 11am will be scheduled as usual. Senior programs held after 11am – call 206-870-6527 for updated information.

When inclement weather occurs during school holidays, evenings or weekends, call 206-870-6527 or 206-878-1642 (Senior Programs) for updated information.

HOLIDAY CLOSURES
Monday, May 29



Horticulture Outings

Explore lush and varied Northwest gardens and nurseries. Lunch at local eateries or bring a sack lunch. Note: Transportation fee does not reflect no-host lunch or garden admission fees.

Fri	Age 50+	\$10 Transportation Fee
Apr 21	8:30am	RoozenGaarde Display Gardens Lunch on your own in La Conner
Apr 28	9:30am	Old Goat Farm, Orting \$5 garden tour paid at the garden. Lunch at Around the Corner Café, Orting
May 5	8:30am	Spring Plant Frolic, Molbak's Nursery Lunch at Molbak's
May 19	8:30am	Bonhoeffer Botanical Gardens Lunch at Casino
Jun 16	9am	Bellevue Botanical Garden Lunch TBD
Jun 30	9am	Vashon Island Tour \$4 garden tour paid at the garden. \$5 for ferry-paid at registration. Lunch at Vashon Golf Course

Golf Outings

Enjoy playing 9 holes at Puget Sound courses. Transportation is available on a first paid basis or meet at the course. All players draw numbers to determine playing partners and tee position. Departure is 8-8:30am and return time varies.

Mon	Age 50+	\$10 Transportation Fee
Apr 24	The Home Course	DuPont \$25
May 8	Lake Spanaway	Tacoma \$18
May 22	Mount Si	Snoqualmie \$27
Jun 5	Madrona	Gig Harbor \$20
Jun 19	Mystery Trip	Mystery \$18
Jul 3	Cascade	North Bend \$17

DAY TRIPS

Explore the Northwest and leave the driving to us!

Age 50+ and travel days vary.

Benaroya Family Art Collection, Tacoma Art Museum			
Wed	Mar 29	10:15am-3pm	\$25
North Bend Premium Outlet Mall, North Bend			
Wed	Apr 5	9:30am-4pm	\$11
Silver Sounds NW - America's Jukebox, Burien			
Wed	Apr 9	2-5pm	\$25
WA State History Mus. - "Steins, Vines, & Grinds", Tac			
Wed	Apr 12	9:30am-3pm	\$20
Extreme Agility Team NADAC Dog Trials, Auburn			
Fri	Apr 21	9:15am-1pm	\$10
Cirque du Soleil Luzia, Redmond			
Sun	Apr 30	11:30am-4pm	\$70
Pilchuck Glass School Spring Tour, Stanwood			
Wed	May 3	9am-5pm	\$45 (meal included in price)
An American In Paris, Paramount Theater			
Wed	May 10	6-10pm	\$93
Seattle Storm v Indiana Fever Basketball, KeyArena			
Sun	May 14	2:30-7pm	\$45
The Reptile Zoo, Monroe			
Wed	May 17	9:30-3pm	\$20
New Leaf Enterprises Tour & Dockside Cannabis Store, Tac			
Wed	May 24	8:45am-3pm	\$12
US Naval UnderSea Museum, Keyport			
Wed	May 31	9am-3pm	\$12
Gig Harbor Water Front District, Gig Harbor			
Wed	Jun 7	9am-4pm	\$12
Twin Falls Hike, North Bend			
Wed	Jun 14	9am-4pm	\$10
Cougar Mountain Zoo, Issaquah			
Wed	Jun 21	9:30am-3pm	\$24
Sherwood Press Tour- LGBTQ, Olympia			
Wed	Jun 28	9am-2pm	\$12

SECOND CHANCE SPRING CLEAN

Clean out your closets, bring your gently used items and stay to shop!!!

All donations support the services and programs at the Des Moines/Normandy Park Senior Activity Center.

Date: June 5-16

Time: 9am-3:30pm

Where: Activity Center



Drop your donated items
Off at the Activity Center
After Memorial Day.

Unwind Your Spine

Start your day with this nurturing, gentle class exploring very slow and repetitive movements allowing you to discover more efficient, improved physical functioning and a greater sense of wellbeing. Bring a blanket or a yoga mat and come "unwind".

Adults	Beach Park	Dining Hall
Mon/Wed	Mar 27- May 17	9:30-10:30am \$75

New! Strengthen and Stretch

Looking to increase your range of motion and muscle tone? Well this is the class for you!! Simple movements, designed by instructor Deborah Birrane, help lengthen and strengthen muscles for more flexibility, balance, and core strength.

Adults	Activity Center
Wed	Apr 26- May 31 1:30-2:30pm \$45

Sunday Walks

Gary McNeil with Des Moines Legacy Foundation is hosting local walks on a Sunday each month. Unless otherwise noted, interested individuals should meet at the base of the fishing pier in the Des Moines Marina. Updates to the dates shown below are on the Des Moines Legacy Facebook page.

Sun	Apr 1	1pm
Sun	May 21	1pm
Sun	Jun 18*	1pm



*Meet at Saltwater Park Restrooms

InterPlay

We forget our bodies hold wisdom and fun, and if you want to increase your flexibility with gentle movement this class is for you. You will learn how to nourish the connections with your own person and your neighbors. Join long time Interplay leader Patricia Doheny for this fun class. Chairs are available if needed. Instructor: Pat Doheny

Adults	Wesley Homes
Thu	Jun 15 10-12 \$7

Senior Dance

Dancing stimulates your mind, body and soul! Waltz, Jitterbug, Swing....move to the live music of Randy Litch on our beautiful hard wood floor. Stafford Healthcare provides hot beverages. Adults of all ages welcome!

Adults	Activity Center
Sun	Mar 26 1-3pm \$5
Sun	Apr 23 1-3pm \$5
Sun	May 28 1-3pm \$5
Sun	Jun 25 1-3pm \$5

Dance for Parkinson's (For adults with movement issues)

Dance for Parkinson's is designed for you! Stretch and strengthen your muscles, focus on balance and rhythm through many styles of dance and discover how to use your thoughts, imagination, eyes, ears, and touch to control movement in a welcoming environment accompanied by live music. Caregivers and friends are invited to join in! No dance

experience is necessary. Classes are based on the Dance for PD™ method, a program developed by Mark Morris Dance Group and the Brooklyn Parkinson Group. Presented by Seattle Theatre Group (STG) and Spectrum Dance Company. Funding support from Des Moines Legacy Foundation. Register at www.nwfp.org/participate or call 877-980-7500.

Adults	\$5 Suggested Donation	Activity Center
Mon	Mar 27- May 15	2-3:30pm
Mon	Jun 5-Jul 24	2-3:30pm

SENIOR OUTINGS

OUT TO LUNCH

Enjoy a no-host lunch at new and old favorite eateries around the Sound. All trips depart between 10-10:45am and return about 2pm.

Fri	Age 50+	\$10 transportation
Apr 14	Japanese Steak House	Federal Way
May 12	Kezira Café Eritrean & Ethiopian Restaurant	Rainier Valley
Jun 9	Copper Falls Restaurant	Auburn Golf Course, Auburn
Jul 14	Beach House Bar & Grill	Kirkland



Hosting a lifetime of

EVENTS & CELEBRATIONS



BOOK YOUR EVENT TODAY

Call 206.870.9370 or Visit www.beachparkeventcenter.com

CLASSES

Spring Poetry

Try your hand at creating poetry that captures the beauty of spring season. *Instructor: Pat Doheny*

Adults		Wesley Gardens
Thu	May 25 & Jun 1	10am-12pm \$15

Creative Writing

Interested in capturing your family's history? Do you have a story to tell? Take advantage of Pat's writing expertise and get started. *Instructor: Pat Doheny*

Adults		Wesley Gardens
Thu	Mar 30-May 18	10am-12pm \$50

Memoir Writing

Learn to write the story of your life. Join others as you share your life experiences in a supportive environment. Capture the story of how you came to be who you are and where you are today. *Instructor: Pat Doheny*

Adults		Wesley Gardens
Thu	Mar 30-May 18	2-4pm \$50

AARP Smart Drivers

Discover how to be more aware in today's traffic. Reinforce your good habits and iron out the bad habits. Upon completion of the course, your certificate will get you a discount on your auto insurance as required by state law.

Adults Age 50+	\$15 AARP Member/\$20 Non	Activity Center
Tue/Wed	Apr 18 & 19	10am-2:30pm

Self-Defense Workshop

Finally you have more time for classes, fun events, and travel - but are you now concerned that you'll be seen as an easier target? Maintain your independence by learning a few tips, tricks, and skills to keep at bay those who may mean you harm. You will learn to recognize when someone is looking at you like a victim, how to evade and thwart their plans, and a few simple yet highly effective physical moves to surprise and stun your attacker. Athletic prowess not required! EmPOWERment has never been more fun! This class is structured for both men and women. *Instructor: Joanne Factor from Strategic Living*

Adults		Activity Center
Thu	Jun 22	1:30-3:30pm \$49

Decorative Flowerbed Bugs Workshop

Not all bugs are bad for your garden! Come create adorable golf ball bugs to decorate around your garden this spring. Instructor, Wilma Kuntz, will assist you in designing and painting little works of art to brighten up your home.

Adults		Activity Center
Wed	Apr 26	9-11am \$10



Skillbuilders in Watercolor

For watercolor novices and experienced painters alike. This class will present a weekly project to strengthen your watercolor skills while enjoying the creative process. The theme will be all things Spring! *Instructor: Susan Waite*

Adults		Activity Center
Tue	Apr 11- May 30*	1-3:30pm \$65

(*No class Apr 18 & May 23)

ADULT & SENIOR FITNESS

Enhance Fitness

Improve physical conditioning levels and decrease the risk of falling with stretching, low-impact aerobics, strength training and balance exercises. Gym-type shoes are required and a water bottle always recommended. Co-sponsors are Group Health and Sound Generations. *Instructor: Yu San Gartz*

Adults		Field House
T/Th/F	Apr 4-28	8-9am or 9:20-10:20am \$36
T/Th/F	May 2-30	8-9am or 9:20-10:20am \$39
T/Th/F	Jun 2-30	8-9am or 9:20-10:20am \$42

Tai Chi

This class will introduce basic movements of Tai Chi with emphasis on the no-impact, relaxed, flowing movements which aid in balance, increase strength and vitality. By the end of the 6 weeks, students will have learned the movements from the 24 pattern form. This course is geared toward students who are new to Tai Chi, but all students, regardless of experience are welcome. Wear comfortable loose clothing. *Instructor: John Lindsay.*

Adults	Beach Park	Dining Hall
Mon/Wed	Apr 10- May 10	11am-12pm \$60
Mon/Wed	May 15- Jun 19	11am-12pm \$60

ADULT ENRICHMENT

American Boating Course

Learn the essential information to operate a boat including, boat handling, seamanship, necessary equipment, boat trailering, and much more. This course exceeds educational requirements in all states and a test is given at the conclusion of the course to qualify you for a boating education certificate. Bring a sack lunch. Fee includes textbook and all materials. Students are responsible for picking up supplies. Instructor: Poverty Bay Power Squadron.

Ages 12-Adult		Public Works & Parks Service Ctr.	
Sat	Apr 15	8am-4pm	\$40
Sat	Jun 3	8am-4pm	\$40

Advanced Piloting

Advanced Piloting is the final part of the inland and coastal navigation series. This material continues to build on the base developed in Piloting, and includes practical use of additional electronic navigation systems and other advanced techniques for finding position. Instructor: Poverty Bay Power Squadron.

Tue	Public Works & Parks Service Ctr.		
Mar 28-Jun 6	7-9pm		\$42

Dog Obedience



Love your dog but all the chewing, jumping, barking and little "accidents" testing you? Dog Obedience should turn your little "terror" into a well-behaved pet. Proof of vaccination is required at first class. Instructor: Jan Magnuson, Animal Control Office, Champion Trainer.

Dogs 4+ months		Field House	R/NR
Thu	Apr 6-May 11	7:15-8:15pm	\$95/\$105
Tue	May 23-Jun 27	7:15-8:15pm	\$95/\$105

Aviation History-The Legacy of Apollo

A retrospective look back at the Apollo program, the challenges and accomplishments and how it relates to current space efforts and future exploration. Born with the dawn of the space age, Tony Gondola has been living a life of curiosity and learning, especially in the fields of Astronomy and Space History. Having experienced the history of manned spaceflight and exploration of the solar system first-hand, Tony is highly committed to sharing the excitement and wonder of that experience, past and present. After a diverse career in professional photography, naval architecture and optical production, Tony presently runs the Challenger Learning Center at the Museum of Flight in Seattle.



Teens & Adults		\$2 donation suggested	
Thu	May 11	7pm	Activity Center

BLUE PRINT FOR LIVING

A series of workshops and presentations designed to enhance your independence. Presentations are free unless otherwise noted and held at the Des Moines Activity Center.

Build A Better Back

Back pain is the common cold of the musculoskeletal system. Learn strategies to build a better back (the common causes, solutions and preventative measures.) Facilitated by Comfort Keepers, Brett Neilson and Denise Hayes, Physical Therapists.

Tue	Mar 21	10am	Activity Center
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Diabetes Prevention and Maintenance

This class will cover Diabetes prevention-Basics and Beyond. It's estimated that 50% of Washingtonians over the age of 65 either have pre-diabetes or diabetes. A Diabetes educator will discuss risk factors around diabetes. Presented by Christy Goff, MS RDN CD, Dietitian for Living Well Alliance Team, Pacific Medical Centers.

Tue	Apr 4	10am	Activity Center
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Connecting the Dots: Near Death Experience After Effects

After being introduced to Seattle International Association for Near Death Studies in 1991, by observing and listening, speaker Kathleen Sterling knew she had found a very important clue to her past and her future. Learn how she uncovered her purpose, how she was changed and "connected the dots" of her life like a tapestry being unfolded before her.

Tue	Apr 18	1pm	Activity Center
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ORCA Reduced Fare Permit

Get your SENIOR reduced price ORCA card here.....not available at the local vendors. Adult, youth, senior and disabled regional reduced fare permits, E- purse value or a monthly pass.


Tue	Apr 18	1-2:30pm	Activity Center
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Eating Well to Reduce Fatigue

Fatigue or exhaustion is a common clinical complaint among older adults. It can significantly interfere with a person's ability to function at home. This workshop will identify factors that affect fatigue. Learn coping skills and what foods and vitamins can help you fight fatigue. Presented by Christy Goff, MS., RDN., CD Dietician for Pacific Medical Center.

Tue	May 9	10am	Activity Center
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Energy Efficiency Presentation

Come learn more about this free program for all PSE customers. They install up to 20 LED  light bulbs to replace any incandescent bulbs in the house, leave up to 2 shower heads and up to 4 aerators, and do an energy assessment to educate customers about PSE rebates and ways to save energy/money. Their recommendations are completely unbiased.

Thu	May 18	1pm	Activity Center
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Essential Oils 101

Essential oils can enhance so many areas of your daily life. They are often used for immune support, relaxation, sleep, stress relief, emotional balance, skin care, respiratory health, green cleaning, and even muscle tension and pain. In this class, you'll learn about essential oil safety, how essential oils are produced, and common methods of use. Presented by Sukha Healing Arts Center.

Tue	Jun 13	1pm	Activity Center
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Aging with Pride

Come listen to a personal perspective on aging in the LGBTQ community. Learn about the services and information Generations with Pride Organization offers for providers of care to LGBTQ older adults and their families.

Thu	Jun 15	1-3pm	Activity Center
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ADULT LEAGUES

Softball Leagues

Adult Men & Co-ed

Spring ball is approaching soon! Get to first base with your team and sign up for a 14-game season topped off with a single elimination post season tournament.

Registration Deadline: Apr 10
Coaches Meeting: Apr 10

Adults \$960R/\$1,045NR

Coed Recreation Division
Mon evenings Starts Apr 24

Men's Recreation Division
Tue evenings Starts Apr 25



Senior Adult Coed Softball

Now recruiting avid softball players for Des Moines recreational senior coed softball teams! Call 206-870-6527 for details.

Age: 50+

Player fee ranges between \$20-\$40 (determined after the sign-up and sponsor deadline.)

Practices: Tue/Thu (Apr)

Games: Tue/Thu (May)

Game Times: 10am

Practices/Home Games @ Steven J Underwood Memorial Park
Away League Games @ Fields throughout King County

New! Pickleball

A great lifetime sport for physical fitness and FUN! Plays similar to tennis but with paddles, a smaller court, a plastic ball and low nets. Equipment provided. Starts March 21. Join us!

Tue & Thu 1-3pm \$3 Field House



CHANGE YOUR LIFE AND YOUR COMMUNITY

Give back to your community! Volunteers have a positive impact on our community through amazing service projects. We welcome volunteers from all walks of life—individuals or groups. Check out the unique ways you can contribute your time, energy and skills to strengthen this community!

ADOPT A SPOT PROGRAM Enhance the beauty of our community. Help us tackle park clean-up, landscaping, tree planting and general sprucing-up. Des Moines Spots available for adoption include Big Catch Plaza, Overlook I and II and South Marina Parks. Contact: Janet Best: 206-870-6547 or jbest@desmoineswa.gov

KING COUNTY BEACH NATURALIST PROGRAM Volunteers help protect our beaches by enlightening users on ways to enjoy the beach without harming it. Contact: beachnaturalist@seattleaquarium.org.

FRIENDS OF DES MOINES CREEK partners with community volunteers to remove invasive weeds, replant natives, and maintain and protect the Des Moines Creek buffer. Contact: Laura Hartema-FriendsOfDesMoinesCreek@yahoo.com

SONJU COMMUNITY ORCHARD & GARDEN Harvest fruit & vegetables for the food bank or participate in the community garden/pea patch work parties. Contact: Kim Richmond at friendsosonjupark@hotmail.com

DES MOINES ACTIVITY CENTER Give back to our community's older adults by lending a hand and you'll feel good too! Seeking: IT Instructor, Hiking Leader and laptop/cellphone one on one help, Trip Drivers and Instructors. Contact: 206-878-1642 or seniors@desmoineswa.gov.

DES MOINES PARKS & RECREATION Inspire our youth! Seeking volunteers to coach or assist with special events. Seeking teens for the youth council program. Contact: 206-870-6586 or recreation@desmoineswa.gov

THE HYDE SHUTTLE Volunteers urgently needed to drive Sound Generations shuttles in Normandy Park and Des Moines assisting seniors and residents with disabilities. Safe and reliable transportation is needed for socialization, errands, appointments and recreational activities. Learn more by visiting www.soundgenerations.org/transportation

FRIENDSHIP FITNESS FUN(D)

Recreation programs provide opportunities for friendship to bloom, wellness to thrive and community bonds to strengthen all under the concept of Fun! Des Moines Parks & Recreation



partners with Des Moines Legacy Foundation and Rotary Club of Des Moines to offer **Friendship Fitness Fun(d) Scholarships** for families in need.

Your contribution provides gifts of joy for scholarship recipients and is a long-term investment in our community's well-being. The success is dependent on your ongoing contributions.

TWO WAYS TO MAKE A TAX DEDUCTIBLE CONTRIBUTION TO THE FRIENDSHIP FITNESS FUN(D):

- ✦ **Make a \$1 or more contribution** each time you enroll in a Parks, Recreation and Senior Services program or schedule a facility or field.
- ✦ **Contribute to Des Moines Legacy Foundation-Youth Scholarship Fund** Des Moines Legacy Foundation: PO Box 13582 Des Moines WA 98198 www.desmoineslegacy.org



IN NEED OF FINANCIAL ASSISTANCE?

Complete an application call 206-870-6527.

Indoor Tot Time

Keep your little ones active indoors as the weather outdoors remains wet with age appropriate exercise and play! We will have fun tumbling mats, ride-on toys, and age-appropriate sports equipment available on hand. Join in the fun and watch them make new friends along the way.

Ages 1-5 \$20/10-visit punch card or \$3/drop-in per child **Field House**
 Mon/Wed Apr – Jun 14 10am-12pm

Tiger Kids Martial Arts Course Overview

Instructor: Mitch Mayberry, International Champion, 9th Degree Master

Fee: All participants must pay the \$14 AAU Membership in addition to the individual course fees. Uniforms optional and available from the instructor.

Tiny Tigers Kung Fu & Taekwondo

A less intense Martial Arts program focusing on fun and fitness while developing motor skills, coordination, and improved listening skills through the use of games and training aids including bag kicking and sword play.

Wed Ages 3-6	Field House	R/NR
Apr 19–Jun 7	4:20-4:50	\$92/\$105
Jun 21–Aug 9	4:20-4:50	\$92/\$105

Tiger Kids/Family Martial Arts & Fitness

Kid's and their parents or just the kids can have fun while developing coordination, focus and fitness. Students can progress in Belts and learn the simple moves of Taekwondo/ Karate to the cool moves of the Ninja Turtles (Kobudo Weaponry) and Kung Fu step by step promoting confidence, achievement & safety skills. Bag Kicking & Jedi Warrior sparring also for fun.

Wed Ages 7+	4:50-5:30pm	Field House
Wed Colored Belts	4:50-5:45pm	R/NR
Apr 19–Jun 7		\$92/\$105
Jun 21–Aug 9		\$92/\$105



Kokondo Martial Arts

Learn basic karate including blocks, kicks, and strikes. Emphasis placed on effective street self-defense; students learn to defend themselves against punches, grabs, chokes, bear hugs and more. Instructor: Gerry Flock

Wed/Fri	Age 12+	Field House	R/NR
Apr 5-28	5-630pm		\$31/\$38
May 3-31	5-630pm		\$31/\$38
Jun 2-30	5-630pm		\$31/\$38

TEEN

Des Moines Youth Council



Make new friends and gain leadership and organization skills participating in Des Moines Youth Council. The Council plans civic activities during the school year and participants earn credits towards reward activities offered at the end of the year – such as trips to Wild Waves or Seattle Mariners games.

Open enrollment year round – request an application. Parents are invited to attend the first meeting. Call in advance to confirm meetings dates @ 206-870-6582. Facilitator, Recreation Staff.

Thu 3pm **Grades 6-9** **Free**
Field House or Pacific Middle School

Teen Dances

Kick it at theme dance parties hosted by the Des Moines Youth Council! Themed dance parties feature contests, concessions and dancing. Facilitator: Recreation Staff. Des Moines schools: Grades 6-8; waiver and student ID required for admission. Des Moines residents with parent verification. Call 206-870-6527 for policy information.

Fri		Field House
Mar 31	7:30-10pm	\$8
May 19	7:30-10pm	\$8

Better Babysitter Class

Participants receive the knowledge and confidence to care for infants to school-age children through videos, activities, hands-on training and discussion for a complete learning experience. Babysitter training teaches how to: respond to emergencies, make decisions, communicate with parents, manage children, feed, diaper, care for infants and start a babysitting business. Bring a sack lunch, a snack, \$16.50 for a materials fee to the instructor. Instructor: Gaylynn Smith, Pro Cert.

Sat	Ages 11-15	Police Station	R/NR
May 20	8:30-2:30pm		\$56/\$68

YOUTH LEAGUES

Tee-Ball / Coach Pitch Coed Leagues

Registration starts Jan 3 and closes May 19.

Get out the leather glove, swing that aluminum bat and enjoy team building and social interaction! Focus is on developing hand-eye coordination through hitting, fielding, throwing and catching properly. Playing field and rules are modified to match participant age and skill levels.



Age 3-5 Tee-Ball Ages 6-8 Coach Pitch Season Runs Jun 5-Aug 5

Des Moines Area Fields

Registration Dates	R/NR
Jan 3-Mar 31	\$71/\$84
Apr 1-May 19	\$81/\$95

Coaches Meetings

Tee-Ball/Coach Pitch

Tue, May 23, 6pm

Field House

For information about coaching, sponsorship and scholarships please call 206-870-6527.

Basketball Training Clinic

Des Moines Parks and Recreation is the place to go if you want to develop as a basketball player. Michael and Marv Johnson of the Johnson Boys B-Ball Training, formerly of South Sound Athletics are here to help. They have helped train NBA players like Jamal Crawford, Rodney Stuckey, Nate Robinson, and Isiah Thomas.

All levels are welcome, they cover shooting, ball handling, passing, and how to play without the ball in hands. Sign up now and you will become a better player and learn what it takes to get as good as you want.



Grades 3-8	Field House		R/NR
Tue	Mar 7-28	5:30-7pm	\$137/\$152
Tue	Apr 4-25	5:30-7pm	\$137/\$152
Tue	May 2-23	5:30-7pm	\$137/\$152
Tue	Jun 6-27	5:30-7pm	\$137/\$152

Grade 9-12	Field House		R/NR
Thu	Mar 9-30	5:30-7pm	\$137/\$152
Thu	Apr 6-27	5:30-7pm	\$137/\$152
Thu	May 4-25	5:30-7pm	\$137/\$152
Thu	Jun 8-29	5:30-7pm	\$137/\$152

YOUTH ACTIVITIES

Baseball Camp

Hitting - Throwing - Fielding - Games & Scrimmages

This youth baseball camp for children 8-13 years is well suited for all players, from the aspiring to the elite. Instructor Steve Goucher is a former professional baseball player and Atlanta Braves scout. Steve has over 15 years' experience instructing baseball at all levels. Many of his students have gone on to play college baseball, with a few in the big leagues. Advanced registration is required.

Mon-Thu	Steven J Underwood Park	R/NR
Jun 19-22	9am-12pm	\$132/\$147

1 on 1 Private Baseball Instruction

Work with instructor Steve Goucher to sharpen individual skills in a one on one setting. Only 2 sessions available each day.

Mon-Thu	Steven J Underwood Park	R/NR
Jun 19-22	12:15-12:45pm & 12:45-1:15pm	\$35

EGGStravaganza

Enjoy a leisurely
EGG-HUNT!

**Saturday, April 15,
2017, 9-10am**

**Meadow in Des Moines
Beach Park, \$5**

Fun Crafts, Activities & Prizes,
Photo Opportunities with
the Easter Bunny

Children Grade-6 & under
Children under age 5 must
be accompanied by an adult



Spring into Des Moines

UPCOMING • COMMUNITY • ACTIVITIES



EGGStravaganza • Saturday, April 15, 9-10am

Enjoy a leisurely EGG-HUNT! Fun Crafts, Activities & Prizes, Photo Opportunities with the Easter Bunny. Children Grade-6 & under; children under age 5 must be accompanied by an adult. Held at the Des Moines Beach Park. \$5 per child.

Earth Day Activities • Saturday, April 22, 9am-12pm

The Des Moines Rotary Club will be picking up debris on the sidewalks along Marine View Drive and South 216th Street. To RSVP for the event, contact: Dan Johnson—danjohnson131@gmail.com or 206-914-3104. Also, the Friends of Des Moines Creek will be providing maintenance of existing native plants to improve the natural areas along the creek. Confirm your participation with laurahartema@yahoo.com and meet in the north parking lot at the circular driveway at 9am in the Beach Park.

3rd Annual Samoan Arts & Academic High School Competition Saturday, April 29

Contact SamoanAAC@gmail.com

Three Tree Point Yacht Club • Thursdays

The TTPYC Summer Series Races are a collection of 5 races that run through the month of June. More information is available at www.ttpyc.org

Second Chance Spring Clean June 5-16 at the Activity Center

Clean out your closets for spring and bring your gently used items to the Activity Center. All donations support the services and programs at the Des Moines/Normandy Park Senior Activity Center. Stay and shop – 9am to 3:30pm daily.



Kayak and Paddleboard Adventures in Redondo • June - August

The Olympic Outdoor Center invites you to serious fun at the Marina & Redondo Beach. Sunset tours and equipment rentals offered daily.

Farmers Market • Saturdays, June - Sept. 10am - 2pm & Wednesdays, July - Aug. 4-8pm

The Des Moines Waterfront Farmers Market is family friendly and showcases local fresh farm produce, artisans and foods. It is located at the scenic Des Moines Marina - Saturdays 10-2pm and Wednesdays 4-8pm.

Coming This Summer...



Fireworks Over Des Moines Tuesday, July 4

Destination Des Moines proudly presents Fireworks over Des Moines Independence Day Celebration. It has been a tradition within

our community for many years. Celebrate with us on the water's edge!

Washington Strongest Apple Saturday, July 8

This fun event starts at 10am at the Des Moines Marina.

Legacy Auction for Kids Wednesday, July 12, 5-8 pm, the Beach Park

Des Moines Legacy Foundation Youth Auction at the Beach Park. No tickets required www.desmoineslegacy.org.

Smoke on the Water Wednesday, July 12, 5-7pm

Destination Des Moines invites you to enjoy a great BBQ, Beer and Wine Garden, Root Beer Float station & Music. Tickets at www.destinationdesmoines.org.

Beach Park Summer Concert Series Begins Wednesday, July 12, 7pm

Des Moines Arts Commission invites you to great entertainment on the waterfront. Beer and Wine Garden on site. (Suggested donation \$5 a family).

Pet-a-Pool-ooza Sunday, July 16 from 11-3pm

Dog Swim and Pet Adoption Fair at Mount Rainier Pool. Pet lovers everywhere are invited let their pooches play around in the pool prior to our draining it for repairs. In the parking lot we'll have information and pets

for adoption by King County Regional Animal Services. Owners will not be allowed to swim with their dogs.

Waterland Festival & Parade Friday, July 21 - Sunday, July 23

Destination Des Moines invites you to this year's Waterland Festival weekend, featuring a kids carnival, parade, and car/motorcycle/wooden boat show. Family friendly community events with something for everyone!

Dive Around the Clock Saturday & Sunday, July 22 & 23

24-hour scuba diving relay dive-a-thon at Redondo Beach.

Cultural Celebrations @ Saltwater State Park July - August

Southeast Asian Cultural Celebration, Flute Quest Native American Flute Festival, Cambodian Cultural Celebration.

Movies in the Park Friday, August 4 & 11

Great family fun! Movies at dusk.

CLUB KHAOS

(Kids Having An Outrageous School Year!)

Our energetic and dedicated staff will ease you and your kids into an outrageous school year filled with fun, friendships, and enriching experiences to stimulate their imagination, spark their learning skills and develop healthy habits with K-Fit!

Grades K-6 **Mon-Fri**
Registration Fee: \$30 Resident (R)
 \$35 Non Resident (NR)

Highline School District Sites: Des Moines, North Hill, Marvista, Midway & Parkside Elementary Schools

Federal Way School District Site:
 Woodmont Elementary School

Financial Scholarships:
 Please call 206-870-6527 for detailed information or see page 2.

Wake Up in KHAOS

Start your child's day with friends and caring staff. A nutritious snack and a morning filled with enriching activities, individual and group playtime.

6:30am – School Starts

Highline	R/NR
Apr	\$210/\$230
May	\$295/\$315
Jun	\$170/\$190
Federal Way	R/NR
Apr	\$180/\$200
May	\$255/\$275
Jun	\$180/\$200
Drop-in Fee:	R/NR
Highline Sites	\$17/\$20
Federal Way Site	\$14/\$16

Sunset in KHAOS

Relax knowing your child, fueled with a nutritious snack, will burn off that excess energy absorbed in lively games, seasonal arts, crafts and creative play. Time is set aside for homework.

School dismissal – 6pm

Highline	R/NR
Apr	\$225/\$245
May	\$295/\$315
Jun	\$170/\$190
Federal Way	R/NR
Apr	\$270/\$290
May	\$410/\$430
Jun	\$270/\$290
Drop-in Fee:	R/NR
Highline Sites	\$17/\$20
Federal Way Site	\$20/\$23



Early Release Fridays

Highline Sites \$22/\$25

Early Release Wednesdays

Federal Way Site \$22/\$25

Sunrise to Sunset

Give yourself worry-free days and a significant fee reduction.

Highline	R/NR
Apr	\$300/\$320
May	\$420/\$440
Jun	\$240/\$260
Federal Way	R/NR
Apr	\$355/\$375
May	\$515/\$535
Jun	\$355/\$375

Break Time

This is your solution to not having time off when your child does! Break Time provides a warm caring and sage environment where friendships flourish and leadership skills blossom through participation in enriching experiences cleverly presented under the guise of arts, crafts, games, tutoring and reading. Children keep fit participating in active games and athletics. You send lunch we provide nutritional snacks!

6:30am-6:00pm

Field House

Day	Dates	District	Camp Fee: Res/Non Res
Fri	Mar 10	H In-Service	\$40/\$45
Wed-Fri	Mar 8-10	FW Conferences	\$100/\$110
Mon-Fri	Apr 3-7	FW&H Spring Break	\$160/\$170

START PLANNING FOR SUMMER!
 Check out the May issue for great deals on Summer Camp. Starts week of June 19th.

CAMP KHAOS



Recreation Scholarships

THE BENEFITS ARE ENDLESS!

Call 206-870-6527 for information



Friendship



Fitness



Fun

The City of Des Moines Parks Recreation and Senior Services strives to make all programs and activities accessible to all people regardless of income. Scholarships will be granted on a percentage discount, depending on individual circumstances. All information will remain confidential. To be eligible for a scholarship, you must reside within the city limits of Des Moines, WA and meet the family size/yearly income requirements. Applicants meeting eligibility guidelines are awarded up to \$150 per quarter per calendar year. Eligible residents will be required to provide proof of identification, residency, and income. Scholarship applicants must be approved prior to registration.

La Ciudad de Des Moines Parques de Recreación y Servicios para Personas Mayores se esfuerza por hacer que todos los programas y actividades sean accesibles a todas las personas independientemente de sus ingresos. Las becas se otorgarán con un descuento porcentual, dependiendo de las circunstancias individuales. Toda la información permanecerá confidencial. Para ser elegible Para una beca, debe residir dentro de los límites de la ciudad de Des Moines, WA y cumplir con el tamaño de la familia / ingresos anuales. Reunión de solicitantes Las pautas de elegibilidad se otorgan hasta \$ 150 por trimestre por año calendario. Los residentes elegibles deberán presentar prueba de identificación, residencia, Y los ingresos. Los solicitantes de becas deben ser aprobados antes del registro.

Household Size	1	2	3	4	5	6	7	8
50% Discount	\$21,987	\$29,637	\$37,296	\$44,955	\$52,614	\$60,273	\$67,951	\$75,647
75% Discount	\$18,711	\$25,232	\$31,752	\$38,273	\$44,793	\$51,314	\$57,850	\$64,402
90% Discount	\$15,444	\$20,826	\$26,208	\$31,590	\$36,972	\$42,354	\$47,749	\$53,157

Example: If your family size is 2 and your income is \$20,826 or less, you are eligible for a 90% scholarship.

* Acceptable forms of back-up information: Proof of Identity: driver's license, ID card, or passport. Proof of Residence: utility bill or rental lease agreement. Proof of Income: most current tax return, most current paycheck stub, DSHS check stub, SSI statement.*

Your Guide to Des Moines Parks, Recreation & Senior Services

Rec'n Roll



Spring 2017

- **Beach Park Events Center
Schedule Your Event!**
- **Basketball and Baseball
Camps & Clinics**
- **Spring/Summer
Upcoming Community Activities**
- **Youth, Teen & Adult
Classes, Outings, Trips, & Leagues**